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Activity Report: Health Screening at Nutan Mahavidyalaya's Girls' Hostel

Introduction:On October 3, 2018, to commemorate the 150th birth anniversary of Mahatma Gandhi, a health screening event was held at Nutan Mahavidyalaya's girls' hostel. This initiative, conducted by the staff from the Government Rural Hospital, Selu, aimed to promote health and wellness among female students by offering essential medical tests, including H.I.V., H.B. (hemoglobin), thyroid, and CBC (complete blood count).

Details of Activity:

Date: 03/10/2018

Location: Nutan Mahavidyalaya, Selu

Organized by: Government Rural Hospital, Selu

- · Objective: The primary objective of this health screening was to provide comprehensive health check-ups for the female residents of the girls' hostel, enabling early detection of potential health issues and promoting general awareness of health and wellness.
- · Activities and Procedures: The event began with an introduction from the Government Rural Hospital staff, explaining the purpose of the screening and the importance of early detection for various health conditions. The hostel residents were then guided through the screening process, which included:
 - o H.I.V. Testing: A confidential test to detect the presence of HIV antibodies, aiming to promote awareness of HIV and encourage safe practices.
 - O Hemoglobin (H.B.) Testing: A test to measure the hemoglobin level in the blood, used to detect conditions like anemia.
 - Thyroid Function Test: A test to assess the health of the thyroid gland, which is crucial for regulating metabolism and overall health.

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Nutan Mahavidyalaya, Selu

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o CBC (Complete Blood Count): A comprehensive blood test to evaluate overall health and detect a range of disorders, including infections and blood diseases.

The tests were conducted in a safe and confidential manner, with the results shared only with the individuals concerned. The medical staff also provided information on the significance of each test and offered guidance on maintaining a healthy lifestyle.

- Participants: The health screening was attended by the female residents of the girls' hostel, along with faculty and staff from Nutan Mahavidyalaya. The participation of the Government Rural Hospital's medical team ensured the tests were conducted professionally and with the necessary expertise.
- Outcome and Impact: The health screening event was successful in promoting health awareness among the hostel residents. It provided a valuable opportunity for early detection of health issues and encouraged the students to prioritize their wellbeing. The screening helped raise awareness about conditions like anemia, thyroid disorders, and HIV, contributing to a more informed and health-conscious community.

The health screening held on October 3, 2018, at Nutan Mahavidyalaya's girls' hostel was a meaningful event that supported the health and wellness of female students. By offering essential medical tests and providing information on healthrelated topics, the event contributed to a culture of health awareness and preventive care. The success of the screening underscores the importance of regular health checkups and community support for student well-being.

Nutan Mahavidyalaya, Selu

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